

2023



Monday	Tuesday	Wednesday	Thursday	Friday
		1 Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	Pillsbury Cinni Minis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	Oatmeal Breakfast Bun ^+\$%@ 2.6 oz G Fruit Cocktail 1/2 cup F Milk1% @ 8oz
Whole Grain Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	WG Apple Cinnamon Mini Muffin ^+\$ 1.9 oz G Apple 1/2 cup F Milk1% @ 80z	Breakfast Apple Bar ^+\$@% 20z G Banana 1/2 cup F Milk1% @ 80z	© Cocoa Puffs Bar -\$@ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	Whole Wheat Vanilla Breakfast Square ^+% 2.oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz
13 WG Ch Chip Breakfast Bar 2.5 oz G Tangerine 1/2 cup F Milk1% @ 8oz	Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	WG Muffin Top^+\$ 1.90z G Banana 1/2 cup F Milk1% @ 80z	Pillsbury Cinni Minis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	Oatmeal Breakfast Bun ^+\$%@ 2.6 oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz
Whole Grain Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	Apple Cinnamon Mini Muffin ^+\$ 1.9 oz G Apple 1/2 cup F Milk1% @ 80z	Breakfast Apple Bar ^+\$@% 20z G Banana 1/2 cup F Milk1% @ 80z	Cocoa Puffs Bar -\$@ 1.90z G Diced Peaches 1/2 cup F Milk1% @ 80z	Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Fruit Cocktail 1/2 cup F Milk1% @ 8oz
27 Ch Chip Breakfast Bar 2.5 oz G Tangerine 1/2 cup F Milk1% @ 8oz	Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	WG Muffin Top^+\$ 1.90z G Diced Peaches 1/2 cup F Milk1% @ 80z	Pillsbury Cinni Minis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	Oatmeal Breakfast Bun ^+\$%@ 2.6 oz G Fruit Cocktail 1/2 cup F Milk1% @ 8oz

1% MILK

ALL GRAINS ARE WHOLE GRAIN RICH

Peanuts!!

Pork* Beef#

Whey=

Soy\$ Corn>

Milk@

Wheat+ Gluten^

Eggs%

Fish~